

Summer Weights/Open Gyms/ Camps • 2017

Weight Rooms		Days	Times	
Starts June 8	High School	M • T • Thu • F	5:45 am / 7:00 am / 8:15 am	@ HS • Ida Grove
Starts June 12th	Middle School	M • T • Thu	9:30am - 10:15am	@ HS • Ida Grove
Starts June 8	High School	M • T • Thu	6:00 am / 7:00 am	Odebolt
Starts June 8	Middle School	M • T • Thu	6:00 am / 7:00 am	Odebolt

Basketball		Days	Times	Open Gyms • June 5
Girls (MS/HS)	Open Gym	M • T • W • Thu • F	7:03 am - 8:03 am	@ HS • Ida Grove
Girls Gr. 3rd -7th	\$ • Drills/Skills	Wed • 7th/14th/21st/28th	11:00 - 12:00	@ HS • Ida Grove
Boys 3rd -7th	\$ • Drills/Skills	Wed • 7th/14th/21st/28th	10:00 - 11:00	@ HS • Ida Grove
Boys (HS)	Open Gym	M • T • W • Thu • F	7:00am - 9:00am	@ HS • Ida Grove

Volleyball		Days	Times	Open Gyms • June 5
Girls (MS/HS)	Open Gym	T • Thu	9:00am - 10:00am	@ HS • Ida Grove

Wrestling		Days	Times	
	Open Mat	TBA	TBA	

CAMPS		Days	Times	Place
HS Volleyball	\$	Mon. July 30 - Tues. Aug. 1	4:00pm - 7:00pm	@ HS • Ida Grove
HS Volleyball		Wed. Aug. 2 - Thu. Aug 3	TBD • Tentative	@ East Sac
VB • Gr. 4th/5th/6th	\$	Mon. July 31 - Thu. Aug. 3	8:00 am - 9:30 am	@ HS • Ida Grove
VB • Gr. 7th/8th	\$	Mon. July 31 - Thu. Aug. 3	10:00 am - 12:00pm	@ HS • Ida Grove
MS Volleyball	Free/ No sign up necessary	Mon, Aug. 14 • Tues. Aug 15	5:00pm - 6:30 pm	OA-BCIG MS Gym

HS Football	\$	Mon. July 31 - Wed. Aug 2	6:00pm - 8:00pm	HS Practice Field
MS Football	Free/ \$10 for shirt if want/No sign up necessary	Mon, Aug. 14 • Tues. Aug 15	5:00pm - 6:30 pm	Odebolt
Youth Football	\$	Thu. Aug 3 - Fri. Aug 4	6:00pm - 7:30pm	HS Practice Field

Baseball	Free • Gr. 1st/2nd	Mon. June 5 - Thu. June 8	11:00am-12:00pm	@ HS • Ida Grove
Baseball	\$ • Gr. 3rd/4th	Mon. June 5 - Thu. June 8	12:00pm - 1:00pm	@ HS • Ida Grove