

OABCIG Lunch Menu

January 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|---|----------|
| Milk Choice: 1%, Skim, Skim Chocolate | | 1 No School | 2 Hamburger/ WG Bun Baked Beans Smiley Fries Baby Carrots Mixed Fruit Fresh Apple | 3 Pepperoni Pizza Caesar Salad Peas #Vegie Sticks Peaches Fresh Banana | 4 Scalloped Potatoes & Ham Ele-Baby Carrots & Celery Green Beans #Salad/Vegie Sticks Rice Krispy Bar Dinner Roll Pears Fresh Orange | 5 |
| 6 | 7 Grilled Chicken/ WG Bun Ele-Baby Carrots & Cucumbers Broccoli w/Cheese #Salad/Vegie Sticks Mandarin Oranges Fresh Apple | 8 Crispito Lettuce, Tomato Cheese, Salsa Taco Fiesta Beans Spanish Rice #Vegie Sticks Applesauce Cup Fresh Orange | 9 Chicken Tenders Ele-Salad Carrots Animal Crackers #Salad/Vegie Sticks Apricots Fresh Apple | 10 Turkey & Cheese Sandwich Ele-Celery & Cherry Tomatoes Corn #Salad/Vegie Sticks Pineapple Fresh Orange | 11 No School | 12 |
| 13 | 14 Corn Dog Ele-Baby Carrots & Cucumbers French Fries #Salad/Vegie Sticks Applesauce Fresh Orange | 15 Spaghetti Ele-Salad Green Beans #Salad/Vegie Sticks Breadstick Mixed Fruit Fresh Apple | 16 BBQ Pork Rib/ WG Bun Ele-Salad Baked Beans #Salad/Vegie Sticks Peaches Fresh Pear | 17 Cheese Flatbread Pizza Ele-Fruitable Juice & Baby Carrots Peas #Salad/Vegie Sticks Strawberries & Bananas Fresh Orange | 18 Chicken Patty/ WG Bun Spinach Salad Corn #Vegie Sticks Mandarin Oranges Fresh Apple | 19 |
| 20 | 21 Tavern/WG Bun Ele-Cucumbers & Cherry Tomatoes Green Beans #Salad/Vegie Sticks Sidekicks Fresh Orange | 22 Mandarin Chicken Ele/HS- Broc/Caulif Salad Carrots MS-Vegie Sticks PB Sandwich Brown Rice Pears Fresh Apple | 23 Hot Ham & Cheese Ele-Salad Mixed Vegetables #Salad/Vegie Sticks Applesauce Cup Fresh Orange | 24 Taco-in-a-Bag Lettuce, Tomato Cheese, Salsa Black Bean Salad #Vegie Sticks Cookie Pineapple Fresh Banana | 25 Pork Patty/ WG Bun Ele-Celery & Baby Carrots Peas #Salad/Vegie Sticks Mixed Fruit Fresh Apple | 26 |
| 27 | 28 Teriyaki Chicken/ WG Bun Ele-Corn Broccoli w/Cheese #Salad/Vegie Sticks Sports Bites Cookie Peaches Fresh Apple | 29 Chili Ele-Baby Carrots & Celery #Vegie Sticks Saltines Cinnamon Roll Applesauce Fresh Orange | 30 Popcorn Chicken Ele-Salad Green Beans #Salad/Vegie Sticks *PB Sandwich Mandarin Oranges Fresh Apple | 31 Hot Dog/WG Bun Ele-Cucumbers & Cherry Tomatoes Baked Beans #Salad/Vegie Sticks Pineapple Fresh Banana | HS- High School MS- Odebolt Ele- Ida Grove | |

This institution is an equal opportunity provider and employer.

* Available at the high school only

#Odebolt and High School

Menu is subject to change without notice.